

A GAY MAN'S GUIDE TO STD AND HIV TESTING IN SAN DIEGO

WHAT SHOULD I GET TESTED FOR?

WHICH TEST?	HOW DO THEY TEST FOR IT?	HOW DO I KNOW IF I NEED THE TEST?	HOW OFTEN SHOULD I GET TESTED?
<input type="checkbox"/> HIV	Blood or oral swab	If your last test was negative or you've never been tested	Every 3-6 months, if you're sexually active, regardless of how often you use condoms
<input type="checkbox"/> Syphilis	Blood	No ifs – just get this test! A must for sexually active gay men	
<input type="checkbox"/> Gonorrhea and chlamydia of the urethra (penis)	Urine*	If you top or get blow jobs	
<input type="checkbox"/> Gonorrhea and chlamydia of the rectum (butt)	Rectal (butt) swab*	If you bottom	
<input type="checkbox"/> Gonorrhea and chlamydia of the throat	Throat swab*	If you give blow jobs	
<input type="checkbox"/> Ask your doctor about these other tests that may or may not be right for you: hepatitis B, hepatitis C, and herpes type 2			Ask your doctor

WHERE CAN I GET TESTED?

TESTING PLACE	WHAT THEY OFFER	FOR MORE INFORMATION
Your doctor's office	It varies*	Ask them – call ahead
County of San Diego STD clinics and HIV testing sites	STD and HIV testing**	www.STDSanDiego.org
Gay Men's Health Clinic in North Park	STD and HIV testing	www.fhcsd.org
UCSD's "Early Test" (Research Study)	HIV testing	theearlytest.ucsd.edu
Other places that offer STD and HIV testing are listed at inspot.org , findstdtest.org and hivtest.org		

* The **best tests** for gonorrhea and chlamydia are called NAATs, pronounced like "gnats" and short for "nucleic acid amplification tests." **Ask your doctor for them!**

**Anonymous HIV testing is available at some sites; see www.STDSanDiego.org for details

HOW CAN I REMEMBER TO GET TESTED EVERY 3-6 MONTHS?

Sign up with the "We All Test" service (www.WeAllTest.com) to get free email and/or text message reminders

